



Ohyo Kumite

1. Attacker in Left, Defender in Left

- A Creep, step forward junzuki jodan, gyakuzuki, ashi barai, gyakuzuki
- D Creep, step back into cat foot and sweep block

2. Attacker in Right, Defender in Left

- A Creep, long gyakuzuki jodan, ashi barai, gyakuzuki
- D Creep, lean back into cat foot and sweep block

3. Attacker in Left, Defender in Right

- A Creep, step forward junzuki jodan, gyakuzuki
- D Creep, step back, junzuki jodan

4. Attacker in Right, Defender in Right

- A Creep, step in opposite uraken, shuto push, gyakuzuki, right hand over top to grab suit and pull head and body down, hizageri first then empi to back of neck
- D Creep, swing back into side stance with right elbow vertical and right wrist protecting back of neck

5. Attacker in Left, Defender in Left

- A Creep, step in gyakuzuki, one step maigeri
- D Creep, uchi uke, gedan barai, tetsui, uraken, grab shoulder with left hand and pull down as open right hand hits back of knee to assist, shuto to jodan

6. Attacker in Left, Defender in Left

- A Creep, one step maigeri, gyakuzuki, ashi barai, mawashigeri
- D Creep, step back, shuto brush as in Ohyo 1

7. Attacker in Left, Defender in Left

- A Creep, tobikomizuki, tobikomizuki
- D Creep, back, back, maigeri
- A Block like No. 2 kick block, gyakuzuki chudan, right hand to left shoulder, right foot into back of right knee, onto floor and finish with a gyakuzuki to the head